

Body Composition of Two High Altitude Populations - Bodhs and Baltis of Ladakh, Jammu and Kashmir, India

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ABSTRACT In the present paper, lower extremity length, trunk index, chest index, height index, height-weight ratio, body mass index, ponderal index, surface area and body fat are being reported for two high altitude populations - Bodhs and Baltis of Ladakh division of Jammu and Kashmir. Chest index, trunk index, height index and ponderal index do not show any trend. Height-weight ratio, body mass index, surface area and body fat percent increase continuously at all the yearly intervals during adolescent years.